

# Harrogate and District Summer Race League 2011

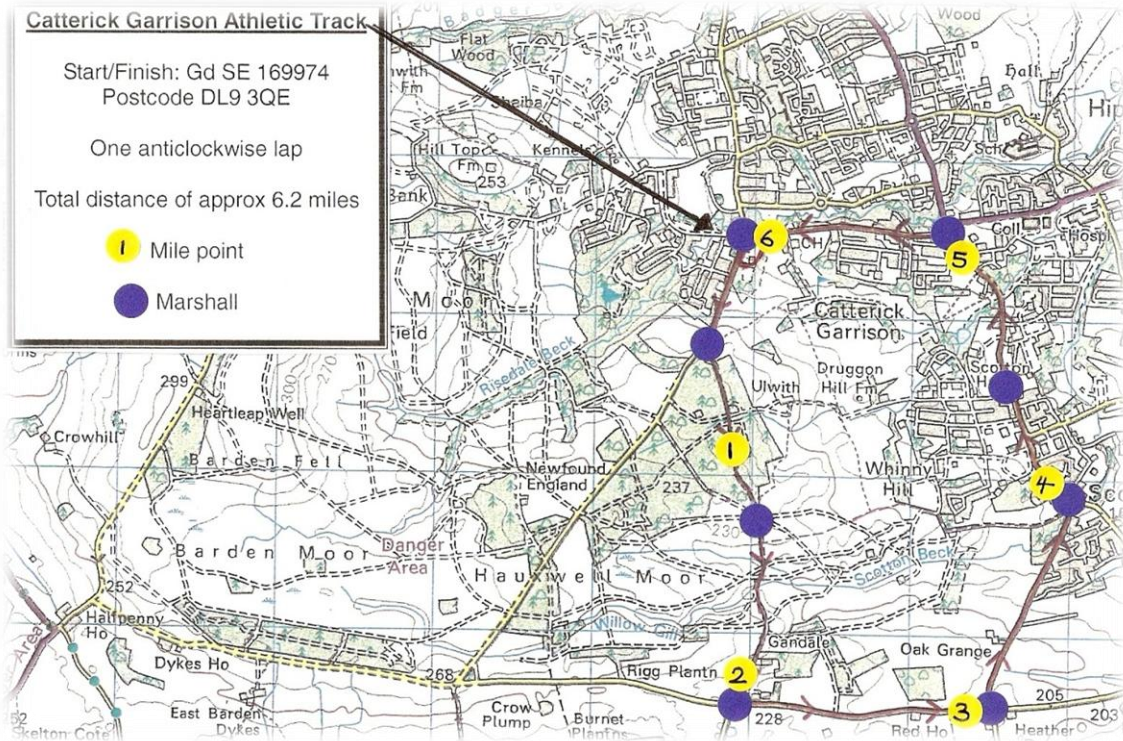
## Race 3 - Richmond and Zetland Harriers

Thursday 2 June 2011

New route for 2011

Catterick Garrison Running Track (OSGB Grid SE 169974 – Postcode DL9 3QE)

(UKA Licence Number 2011-101944)



**Course:** One anti-clockwise circuit on mostly tarmac roads with 1.5 mile section across military range on hard track. Some undulation – but what goes up must come down!

**Location:** Start and Finish at Catterick Garrison Athletics Track, approx 3 miles south of Richmond

**Directions:** From A1 follow signs for Catterick Garrison. On entering Garrison go straight on at traffic lights to camp centre roundabout then straight on for approx 1 mile to stadium. Postcode is for golf club, 200m short of stadium car park.

**Facilities:** Parking is tight at the athletics track, please car share if possible. M&F toilets, showers and changing room available. Spectator seating at start/finish line.

- Drink and energy bar at finish – sit in the stand, enjoy a snack and cheer the rest of the field home
- This course is over open roads – please keep left unless otherwise directed and obey marshall instructions at all times
- A section of the course is across a military training area – keep to the track, do not handle any unidentifiable objects which may be visible
- Like all races in the League this is open to members of HDSRL affiliated clubs only - sorry, no guest runners, no unattached runners